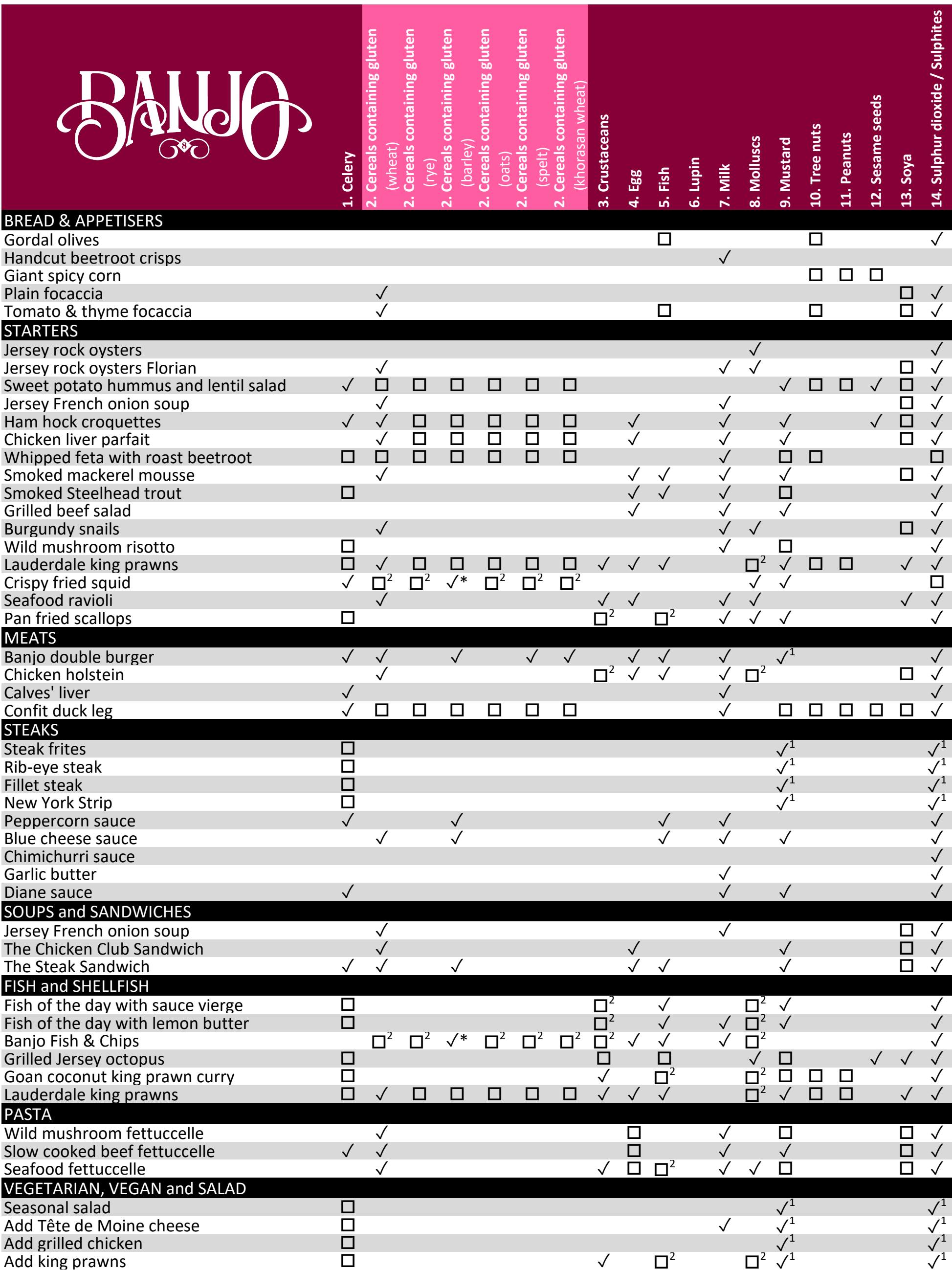




BANJO								1. Celery	2. Cereals containing gluten (wheat)	2. Cereals containing gluten (rye)	2. Cereals containing gluten (barley)	2. Cereals containing gluten (oats)	2. Cereals containing gluten (spelt)	2. Cereals containing gluten (khorasan wheat)	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree nuts	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide / Sulphites			
Miso celeriac steak								✓	☐	☐	☐	☐	☐	☐										✓	✓	✓			
Wild mushroom risotto								☐												✓		☐				✓			
Roast cauliflower curry								☐														☐				✓			
SIDES																													
Chips																													
Truffle chips																			✓										
Roast sweet potato																													
New potatoes / Jersey Royals																			✓										
New potatoes / Jersey Royals (unbuttered)																													
Seasonal salad								☐															✓ ¹				✓ ¹		
Tenderstem broccoli																													
Jersey carrots																													
Spinach - steamed																													
Spinach - buttered																				✓									
Mashed potatoes																			✓										
Grilled cabbage																											✓		
PUDDINGS																													
Pineapple carpaccio									☐	☐	☐	☐	☐	☐						☐					☐				
Spiced plum pavlova																✓				✓			☐	☐	☐	☐	✓		
Spotted dick									✓	☐	☐	☐	☐	☐		✓				✓			☐	☐			☐		
Winter fruit crumble																				✓			☐	☐	☐	☐	✓		
Apple crème brûlée																✓				✓									
Chocolate bombe									☐	☐	☐	☐	☐	☐		✓				✓			☐	☐		✓			
Café gourmand									✓	☐	☐	☐	☐	☐		✓				✓			☐	☐	☐	✓			
Ice cream and biscotti									✓	☐	☐	☐	☐	☐		✓		☐	✓				☐	☐	☐	✓			
Sorbet and biscotti									✓	☐	☐	☐	☐	☐		✓		☐	✓				☐	☐	☐	✓			
Ice cream without biscotti																✓				✓						✓			
Sorbet without biscotti																				☐			☐						
Duo of cheeses									✓											✓					☐				
Chocolate coffee beans																				☐		☐	☐						
CHILDREN'S (Please check both the main and the side / sauce your child has chosen)																													
Children's pasta									✓											✓		☐			☐	✓			
Children's pasta with grilled chicken									✓											✓		☐				☐	✓		
Grilled chicken fillet																													
Grilled fish of the day															☐ ²		✓				☐ ²								
Crumbed fish of the day									✓						☐ ²	✓	✓			☐ ²						✓			
Grilled flat iron steak																													
Mashed potatoes																				✓									
Chips																													
New potatoes																				✓									
New potatoes (unbuttered)																													
Gravy									✓																		✓		
Lemon butter																				✓							✓		
Tartar sauce																✓						✓					✓		
Tomato ketchup									✓																				
Mayonnaise																✓													
BBQ sauce									☐									☐				✓							
								✓	=	Contains allergen																			
								☐	=	Contains ingredient with label that indicates may contain allergen.																			
								✓ ¹	=	Contains allergen in dressing.																			
								☐ ²	=	Cross-contamination risk due to cooking method.																			
								✓*	=	Contains grain that has been treated with enzyme to break down gluten, and certified as gluten-free.																			

List of allergens for specials are printed on the back of the specials menu available when you dine.

We welcome guests with food allergies. Please let us know if you have any allergies or dietary requirements, and check our allergen menu before you order. Our dishes are made here and may contain trace ingredients. For further information on our approach, please ask, see jprestaurants.com/allergies.