

BANJO ALLERGEN MENU														1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Nuts & Seeds	11. Peanuts	12. Sesame	13. Soya	14. Sulphur Dioxide
Wood pigeon / celeriac purée / wild mushrooms / red wine sauce														✓						✓							✓
Scottish smoked salmon / wild cress / sour cream / capers / buckwheat blinis															✓			✓		✓		✓					
Pea and ham soup / minted cream														✓						✓		✓				✓	
PASTA & RISOTTO																											
Lobster mac & cheese														✓	✓	✓	✓			✓		✓					✓
Jersey Chancre Crab linguine / local crab / red chilli / lemon / olive oil															✓	✓	✓			✓							
Jersey lobster & king prawn linguine														✓	✓	✓	✓			✓							✓
Queen scallop & crab risotto / tomato & butternut squash														✓		✓				✓	✓	✓					✓
Tagliatelle Bolognese														✓	✓		✓			✓							✓
SALADS																											
Jersey Chancre Crab salad / samphire / brown shrimps / saffron aioli																✓	✓					✓					✓
Caesar salad / poached egg / Parmesan / croutons															✓		✓	✓		✓		✓					✓
Caesar salad / poached egg / Parmesan / croutons / chicken															✓		✓	✓		✓		✓					✓
Caesar salad / poached egg / Parmesan / croutons / king prawns															✓	✓	✓	✓		✓		✓					✓
Spring salad / broad beans / asparagus / avocado / watercress / apple / pea shoots / radishes / crispy shallot / roasted pumpkin seeds														✓								✓	✓		✓		✓
Spring salad / broad beans / asparagus / avocado / watercress / apple / pea shoots / radishes / crispy shallot / roasted pumpkin seeds / grilled goat's cheese														✓						✓		✓	✓		✓		✓
VEGETARIAN																											
Moroccan vegetable tagine / chermoula / cauliflower / fragrant rice / flat bread														✓	✓							✓					✓
Indian lentil curry / pea pakoras / fragrant rice *																						✓					
Asparagus / broad beans / pea and mint tagliatelle															✓		✓			✓							✓
GRILLS & MEATS																											
Rib-eye 220g																						✓				✓	

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Creamy wild mushrooms																				✓						✓	
Half avocado vinaigrette																						✓				✓	
Chips *																											
Truffle & Parmesan chips *																				✓							
Sauté potatoes with smoked paprika																				✓							
Sweet potato wedges *																											
Jersey Royals																				✓							
Mash potato																				✓							
Rocket & Parmesan salad																				✓		✓				✓	
GRAZING MENU														1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Nuts & Seeds	11. Peanuts	12. Sesame	13. Soya	14. Sulphur Dioxide
Ham baguette & pea and ham soup														✓	✓					✓		✓					✓
Pea and ham soup / minted cream														✓						✓							✓
Wiltshire ham baguette / English mustard															✓		✓			✓		✓					✓
Jersey Chancre Crab on toast / avocado / Romaine lettuce															✓	✓	✓			✓		✓					✓
Goat's cheese on toast / roasted vegetables / salsa verde															✓					✓		✓					✓
Tagliatelle Bolognese														✓	✓		✓			✓							✓
Open Scottish smoked salmon sandwich / brown bread / black pepper / cucumber salad															✓			✓		✓		✓					✓
Open prawn cocktail sandwich / brown bread / Romaine lettuce															✓	✓	✓			✓		✓					✓
Chicken BLT / grilled chicken / bacon / avocado / tomato / brioche roll / salad														✓	✓		✓			✓		✓				✓	✓
CHILDREN'S MENU														1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Nuts & Seeds	11. Peanuts	12. Sesame	13. Soya	14. Sulphur Dioxide
Crispy tempura prawn / salad / tartar sauce / chips *																✓	✓										✓
Battered fish of the day / peas / lemon / chips *																	✓	✓		✓		✓					✓
Grilled daily fish special / peas / new potatoes																		✓		✓							

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Mini beef burger / cheese / salad / chips *		✓		✓			✓		✓				✓	✓
Grilled chicken fillets / chips *		✓		✓			✓							
Minute sirloin steak / French beans / chips *							✓		✓					✓
Linguine / tomato sauce / Italian hard cheese		✓					✓							
PUDDINGS														
Vanilla crème brûlée / spiced plums / butter shortbread		✓		✓			✓							✓
Sticky toffee pudding / banana ice cream / caramel sauce				✓			✓							✓
Dark chocolate bomb / vanilla ice cream / roast pear / hot chocolate sauce				✓			✓							
Sticky rice and mango / coconut milk / roasted sesame seeds										✓		✓		
Tiramisu		✓		✓			✓			✓				✓
Fresh berries in sparkling rose jelly / strawberry sauce / vanilla cream							✓							✓
Café gourmand – single espresso served with macarons & vanilla ice cream		✓		✓			✓			✓		✓		
Ice cream and pistachio biscotti - vanilla / chocolate / strawberry / banana / Jersey honey / salted caramel		✓		✓			✓			✓				
Sorbet and pistachio biscotti - lemon / passion fruit / apple / raspberry / blood orange		✓					✓			✓				
BRITISH FARMHOUSE CHEESE served with celery / grapes / biscuits														
Driftwood – English goat's cheese 30g	✓	✓		✓			✓		✓					✓
Blacksticks Blue – soft blue cheese 40g	✓	✓		✓			✓		✓					✓
Oglesfield – semi soft cow's milk 35g	✓	✓		✓			✓		✓					✓
Westcombe cheddar – deep mellow flavour 35g	✓	✓		✓			✓		✓					✓

We recommend that guests with severe food allergies choose a complete dish off this allergen menu so they can check it does not contain the relevant allergens. We have an allergy policy and do our best to reduce the risk of cross-contamination but we cannot guarantee that any of our dishes are free from allergens. Guests with severe allergies are advised to assess their own level of risk and we do not accept any liability in this respect. Whilst modifications may seem easy to accommodate, please understand when they are declined as they may impact on the efficiency of service to others or be impossible due to elements of the dish being pre-prepared.

Dishes marked with a * include items that are cooked in a fryer where traces of gluten, shellfish, meat, dairy and egg may be present. Therefore, due to the nature of

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the cooking process, we cannot guarantee that fried foods are 100% free from other allergens.

Further information can be found at jprestaurants.com/news/eating-food-allergy.