

CAFÉ UBÉ ALLERGEN MENU	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Nuts & Seeds	11. Peanuts	12. Sesame	13. Soya	14. Sulphur dioxide
<b>YOGHURTS &amp; DESSERT POTS</b>														
Raspberry							✓							
Exotic medley							✓							
Cheese cake pots		✓					✓							
Granola pot		✓					✓			✓		✓		✓
Bircher muesli		✓					✓			✓				✓
<b>PORRIDGE</b>														
Porridge with skimmed milk		✓					✓							
Porridge with almond milk		✓								✓				
<b>SANDWICHES ON GRANARY BREAD</b>														
Chicken, crispy bacon and avocado		✓		✓			✓		✓					
Smoked salmon with rocket & black pepper		✓			✓		✓							
Icelandic prawn & chive mayonnaise		✓	✓	✓			✓		✓					
Montana smokehouse		✓		✓			✓		✓					✓
Coronation chicken salad with cucumber & mango chutney		✓		✓			✓		✓	✓		✓		✓
Wiltshire ham salad with English mustard mayo		✓		✓			✓		✓					✓
Tuna, sweetcorn & red pepper		✓		✓	✓		✓		✓				✓	
Ham, Jarlsberg and green kraut relish	✓	✓		✓			✓		✓					
<b>VEGETARIAN SANDWICHES</b>														
Chickpea, sweetcorn & pumpkin seeds		✓		✓			✓		✓	✓				✓
Mature cheddar cheese salad & onion marmalade		✓					✓		✓					✓
Egg mayo and cress		✓		✓			✓		✓					✓
<b>MULTIGRAIN ROLLS</b>														
Tuna, sweetcorn and red pepper		✓		✓	✓		✓		✓				✓	
Mature cheddar cheese salad & onion marmalade		✓					✓		✓					✓
Chicken, crispy bacon and avocado		✓		✓			✓		✓					
Wiltshire ham salad with English mustard mayo		✓		✓			✓		✓					✓
<b>SOFT ROLLS</b>														
Ham and cheese		✓					✓							
Double ham		✓					✓							
Egg mayo and cress		✓		✓			✓		✓					✓
<b>WRAPS</b>														
Thai tuna mayo		✓		✓	✓				✓			✓	✓	

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Chilli chicken		✓		✓					✓			✓	✓	
1/2 thai tuna mayo		✓		✓	✓				✓			✓	✓	
1/2 chilli chicken		✓		✓					✓			✓	✓	
<b>SMALL SALADS (375gm)</b>														
Chicken pasta		✓		✓	✓		✓		✓				✓	✓
Hummus & crudites	✓											✓		
<b>SALADS</b>														
Sticky sesame chicken noodle		✓		✓						✓		✓	✓	
Tuna Niçoise				✓	✓				✓					✓
Lebanese chicken and riced cauliflower												✓		
House salad with superfood quinoa and citrus dressing		✓							✓					✓
Hummus & falafel Buddha Bowl									✓	✓		✓		✓
Roast butternut squash and feta Buddha bowl							✓		✓	✓		✓		✓
<b>BAGELS</b>														
Ham & Jarlsberg multigrain bagel		✓		✓			✓		✓	✓				✓
Smoked salmon & cream cheese bagel		✓			✓		✓			✓				
Avocado & tomato multigrain bagel		✓					✓			✓				
<b>BAGUETTES</b>														
Coronation chicken		✓		✓			✓		✓	✓		✓		✓
Ham and Jarlsberg salad with onion marmalade		✓					✓		✓					✓
<b>FRITTATA MUFFINS</b>														
Bacon, egg and cherry tomato				✓			✓							
Roast butternut squash, feta & pumpkin seeds				✓			✓			✓				
<b>BRIOCHE BUNS</b>														
Smoked salmon and cream cheese		✓		✓	✓		✓							
<b>FLATBREAD</b>														
Hummus and falafel salad		✓					✓					✓		
Sesame chicken salad		✓		✓					✓			✓	✓	
<b>MULTIGRAIN BAGUETTES</b>														
Egg mayonaise, mustard & cress		✓		✓			✓		✓					✓
Ham & Jarlsberg with onion marmalade		✓					✓		✓					✓
<b>CROISSANTS</b>														
Ham & cheese		✓		✓			✓							

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<b>SUSHIRITTO</b>														
Prawn sushiritto			✓	✓	✓				✓			✓	✓	✓
<b>HOT WRAPS &amp; PANINIS</b>														
Chicken burrito		✓					✓							✓
Indian meatball wrap		✓							✓					
Thai tofu		✓										✓	✓	✓
Cheese and ham panini		✓					✓							
Halloumi and harissa		✓					✓							
Thai stir fied chicken		✓										✓	✓	✓
Pulled pork		✓					✓		✓					✓
Vegetable korma		✓							✓					
Italian chicken		✓					✓							
Jersey meatball wrap		✓					✓							
Feta & roast butternut squash wrap		✓					✓			✓				
Hoisin chicken		✓			✓							✓	✓	✓
Italian meatball		✓					✓							
Roast cauliflower and lentil		✓					✓		✓					
Chicken korma		✓							✓					
Hoisin pork wrap		✓			✓							✓	✓	✓
Provencale aubergine		✓					✓							
Bacon, cheese and tomato multigrain bagel		✓					✓			✓		✓		
Ham & cheddar toastie		✓					✓		✓	✓		✓		✓

No information here should be used as a guarantee, but simply as a best faith effort to serve our customers.