

OYSTER BOX ALLERGEN MENU	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Nuts & Seeds	11. Peanuts	12. Sesame	13. Soya	14. Sulphur dioxide
BREAD & APPETISERS														
Basket of continental breads / balsamic vinegar / olive oil / butter		✓					✓							✓
Toasted gluten free bread - three slices / butter				✓			✓							
Italian marinated olives - three delicious varieties														
Almond & cashew nuts										✓				
JERSEY ROCK OYSTERS														
Chilled / red wine shallot vinegar / served on ice								✓						✓
Hot Champagne butter / poached							✓	✓						✓
Kenney-Herbert / Worcestershire sauce / bacon / tomato / Gruyère cheese / grilled	✓						✓	✓						✓
FIRST COURSES														
Roast Jersey Royal soup / slow cooked duck egg / spring onions / broad beans				✓			✓							
Gazpacho / Jersey Crab / fennel	✓		✓						✓					✓
Ham and foie gras terrine / piccalilli / parsley salad / toasted brioche		✓		✓			✓		✓					✓
Lobster and sweetcorn bisque / basil			✓				✓							✓
Jersey Chancre Crab on toast / brown crab hummus / picked white crab / avocado and lamb's lettuce salad / garlic mayonnaise		✓	✓	✓					✓			✓		✓
Grilled mackerel / cucumber / horseradish / watercress					✓		✓		✓					
Mussels / white wine / garlic / parsley / cream	✓						✓	✓						✓
Whipped goat's cheese / roasted beetroot / beetroot dressing / roasted pumpkin seed salad							✓		✓	✓				✓
Panzanella salad / Jersey tomatoes / buffalo mozzarella / basil / mint		✓					✓		✓					✓
Jersey scallops / chorizo / apple / cauliflower		✓					✓	✓						✓
Oyster Box cocktail / smoked salmon / crab / prawns / baby gem / Marie Rose			✓	✓	✓				✓					✓
Roast pigeon / black pudding / prunes / celery	✓	✓								✓				✓

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Scottish salmon tartare / sour cream / crisp bread		✓			✓		✓		✓					✓
VEGETARIAN														
Asparagus / roast Jersey Royals / king oyster mushrooms / watercress							✓							
Goat's cheese rigatoni / butternut squash / purple sprouting broccoli / brown butter		✓		✓			✓							
Spring vegetable risotto / peas / courgettes / broad beans	✓						✓							✓
FISH														
Jersey Crab linguine / chilli / garlic / olive oil		✓	✓	✓			✓							✓
Dressed Jersey Chancre Crab / lemon mayonnaise / mixed leaf salad			✓	✓					✓					✓
Mussels / white wine / garlic / parsley / cream	✓						✓	✓						✓
Battered haddock / salad / peas / tartar sauce *				✓	✓		✓		✓					✓
Poached smoked haddock / mussel and leek risotto / poached egg	✓			✓	✓		✓	✓						✓
Roast cod / peas / spring vegetables / lettuce / Jersey Royals				✓	✓		✓							✓
MEAT														
Sirloin of British beef 240g / rocket & Parmesan salad / Café de Paris butter							✓		✓					
Fillet of beef / braised beef shin / wild mushrooms / white asparagus	✓						✓							✓
Beef burger / Oglesfield cheese / red pepper marmalade / baby gem / tomato / cucumber		✓		✓			✓		✓	✓				✓
Suckling pig / cabbage / shallots / mustard / cider	✓						✓		✓					✓
Roast chicken leg and breast / peas / lettuce / pancetta / spring carrots / mashed potatoes	✓						✓							✓
SET MENU £36.00														
Ham and foie gras terrine / piccalilli / parsley salad / toasted brioche		✓		✓			✓		✓					✓
Oyster Box cocktail / smoked salmon / crab / prawns / baby gem / Marie Rose			✓	✓	✓				✓					✓
Whipped goat's cheese / roasted beetroot / beetroot dressing / roasted pumpkin seed salad							✓		✓	✓				✓

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6 Chilled Jersey Rock Oysters / red wine shallot vinegar / served on ice								✓						✓
Roast cod / peas / spring vegetables / lettuce / Jersey Royals				✓	✓		✓							✓
Suckling pig / cabbage / shallots / mustard / cider	✓						✓		✓					✓
Sirloin of British beef 240g / rocket & Parmesan salad / Café de Paris butter / chips *							✓		✓					
Asparagus / roast Jersey Royals / king oyster mushrooms / watercress							✓							
Seasonal fruit / mango sorbet / passion fruit sauce														
White and milk chocolate bar / malt ice cream		✓		✓			✓						✓	
Vanilla slice / bourbon / peach / almond		✓		✓			✓			✓				
Farmhouse cheese / chutney / artisan biscuits		✓		✓			✓							
SIDES														
Chips *														
Chips with truffle oil & Parmesan *							✓							
Creamy mash							✓							
Sweet potato wedges *														
Roasted carrots							✓							
Spinach - steamed														
Spinach - buttered							✓							
Green beans & broccoli							✓							
Mixed salad									✓					✓
Rocket & Parmesan salad							✓		✓					✓
CHILDREN'S MENU														
Crispy tempura prawn / salad / tartar sauce / chips *			✓	✓										✓
Battered fish of the day / peas / lemon / chips *				✓	✓		✓		✓					✓

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Grilled daily fish special / peas / new potatoes					✓		✓							
Mini beef burger / cheese / salad / chips *		✓		✓			✓		✓				✓	✓
Grilled chicken fillets / peas / chips *		✓		✓			✓							
Minute sirloin steak / French beans / chips *							✓		✓					✓
Homemade penne pasta / tomato sauce / Italian hard cheese		✓					✓							
PUDDINGS														
Passion fruit tart Alaska / mango sorbet		✓		✓			✓			✓				
White and milk chocolate bar / malt ice cream		✓		✓			✓						✓	
Jamaican rum pudding / toffee sauce / caramelised banana / rum & raisin ice cream		✓		✓			✓			✓				✓
Vanilla slice / bourbon / peach / almond		✓		✓			✓			✓				
Seasonal fruit / mango sorbet / passion fruit sauce														
Café gourmand / double espresso / malt ice cream / white and milk chocolate bar		✓		✓			✓						✓	
Ice cream and crisp nut biscotti - malt / almond / rum & raisin / vanilla / chocolate / strawberry		✓		✓			✓			✓				
Malt ice cream (<i>without crisp nut biscotti</i>)		✓		✓			✓						✓	
Almond ice cream (<i>without crisp nut biscotti</i>)				✓			✓			✓				
Rum & raisin ice cream (<i>without crisp nut biscotti</i>)				✓			✓							✓
Vanilla, chocolate and strawberry ice cream (<i>without crisp nut biscotti</i>)				✓			✓							
Sorbet and crisp nut biscotti - mango / raspberry / pineapple / coconut		✓		✓			✓			✓				
Mango, raspberry and pineapple sorbet (<i>without crisp nut biscotti</i>)														
Coconut sorbet (<i>without crisp nut biscotti</i>)										✓				
BRITISH FARMHOUSE CHEESE served with salad and biscuits														
Driftwood - English goat's cheese 30g		✓					✓		✓					✓

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Blacksticks Blue – soft blue cheese 40g		✓					✓		✓					✓
Oglesfield – semi soft cows milk 35g		✓					✓		✓					✓
Westcombe cheddar – deep mellow flavour 35g		✓					✓		✓					✓

We recommend that guests with severe food allergies choose a complete dish off this allergen menu so they can check it does not contain the relevant allergens.

We have an allergy policy and do our best to reduce the risk of cross-contamination but we cannot guarantee that any of our dishes are free from allergens. Guests with severe allergies are advised to assess their own level of risk and we do not accept any liability in this respect. Whilst modifications may seem easy to accommodate, please understand when they are declined as they may impact on the efficiency of service to others or be impossible due to elements of the dish being pre-prepared.

Dishes marked with a * include items that are cooked in a fryer where traces of gluten, shellfish, meat, dairy and egg may be present. Therefore, due to the nature of the cooking process, we cannot guarantee that fried foods are 100% free from other allergens.

Further information can be found at jprestaurants.com/news/eating-food-allergy.