



| JERSEY CRAB SHACK ALLERGEN MENU                                                                                                                                                   | 1. Celery | 2. Cereals<br>Containing Gluten | 3. Crustaceans | 4. Egg | 5. Fish | 6. Lupin | 7. Milk | 8. Molluscs | 9. Mustard | 10. Nuts & Seeds | 11. Peanuts | 12. Sesame seeds | 13. Soya | 14. Sulphur<br>dioxide |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|---------------------------------|----------------|--------|---------|----------|---------|-------------|------------|------------------|-------------|------------------|----------|------------------------|
| CHILDREN'S MENU (12 & UNDER)                                                                                                                                                      |           |                                 |                |        |         |          |         |             |            |                  |             |                  |          |                        |
| Tomato linguine / basil sauce / Parmesan-style hard cheese                                                                                                                        |           | ✓                               |                | ✓      |         |          | ✓       |             |            |                  |             |                  |          | ✓                      |
| Prawn cocktail / cucumber / Jersey Mids potatoes                                                                                                                                  |           |                                 |                | ✓      |         |          |         |             | ✓          |                  |             |                  |          | ✓                      |
| Crispy battered squid / peas / chips *                                                                                                                                            |           |                                 |                |        |         |          | ✓       | ✓           |            |                  |             |                  |          |                        |
| Mini beef burger / salad / chips *                                                                                                                                                |           | ✓                               |                | ✓      |         |          | ✓       |             | ✓          |                  |             |                  |          | ✓                      |
| Fish & chips / peas / tartar sauce / chips *                                                                                                                                      |           |                                 |                | ✓      | ✓       |          | ✓       |             |            |                  |             |                  |          |                        |
| Five spice sticky pork short ribs / peas / chips *                                                                                                                                | ✓         | ✓                               |                |        | ✓       |          |         |             | ✓          | ✓                |             | ✓                | ✓        | ✓                      |
| Chicken schnitzel / peas / chips *                                                                                                                                                |           | ✓                               |                | ✓      |         |          | ✓       |             |            |                  |             |                  |          |                        |
| MAIN COURSES                                                                                                                                                                      |           |                                 |                |        |         |          |         |             |            |                  |             |                  |          |                        |
| Curried cauliflower fritters / mango chutney / salad / mint yoghurt sauce *                                                                                                       |           |                                 |                |        |         |          | ✓       |             | ✓          |                  |             |                  |          | ✓                      |
| Punjabi lentil curry / fragrant rice / mango chutney / poppadoms                                                                                                                  |           |                                 |                |        |         |          |         |             | ✓          | ✓                |             |                  |          |                        |
| Fish & chips / salad / peas / tartar sauce *                                                                                                                                      |           |                                 |                | ✓      | ✓       |          | ✓       |             | ✓          |                  |             |                  |          | ✓                      |
| Crispy king prawn fritter and squid board / Asian coleslaw / sweet / chilli dip / lemon / garlic mayo *                                                                           |           |                                 | ✓              | ✓      |         |          |         | ✓           | ✓          |                  |             | ✓                |          | ✓                      |
| Beef burger / crisp salad / tomato / gherkin & sweetcorn salad / chips *                                                                                                          |           | ✓                               |                | ✓      |         |          | ✓       |             | ✓          |                  |             |                  |          | ✓                      |
| Complete beef burger / crispy bacon / tomato / red Leicester cheese / American mustard / red onions / baby gem / burger sauce / brioche bun / gherkin & sweetcorn salad / chips * |           | ✓                               |                | ✓      |         |          | ✓       |             | ✓          |                  |             |                  |          | ✓                      |
| Crab salad / white Chancre crab tossed in crisp salad / avocado / seeds / sweetcorn                                                                                               |           |                                 | ✓              | ✓      |         |          |         |             | ✓          | ✓                |             | ✓                |          | ✓                      |
| Crab taco / local crab / soft taco / tomato / avocado / chilli & red onion salad / lime                                                                                           |           | ✓                               |                | ✓      |         |          | ✓       |             | ✓          |                  |             |                  |          | ✓                      |
| Blackened cod burger / Asian red cabbage slaw / hot coriander sauce / chips                                                                                                       |           | ✓                               |                | ✓      | ✓       |          | ✓       |             | ✓          | ✓                |             |                  |          | ✓                      |
| Halloumi burger / tomato hummus / lemon mayonnaise / roast red peppers / gem lettuce / chips                                                                                      |           | ✓                               |                | ✓      |         |          | ✓       |             | ✓          |                  |             |                  |          | ✓                      |
| Mexican grilled chicken salad / Avocado / sweetcorn / black eye beans / crisp green lettuce / tomatoes / tortilla chips / shallot and lime dressing                               |           | ✓                               |                |        |         |          |         |             | ✓          | ✓                |             |                  |          | ✓                      |
| Fish and shellfish platter / oak roast salmon / king prawns / crab on toast / mackerel / smoked salmon / saffron aioli                                                            |           | ✓                               | ✓              | ✓      | ✓       |          | ✓       |             | ✓          |                  |             |                  |          | ✓                      |

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| Seared teriyaki salmon / chilli / coriander / Asian noodle salad                           |           | ✓                               |                | ✓      | ✓       |          |         |             | ✓          | ✓                |             | ✓                | ✓        | ✓                      |
| Indonesian seafood curry / bass / cod / prawns / pilau rice / coconut salad                |           |                                 | ✓              |        | ✓       |          |         |             | ✓          | ✓                |             |                  |          |                        |
| Seafood linguine / prawns / mussels / cockles / crab / lemon / fennel / chilli             |           | ✓                               | ✓              | ✓      |         |          |         | ✓           |            |                  |             |                  |          |                        |
| Jersey Chancre crab linguine / hint of garlic & chilli                                     |           | ✓                               | ✓              | ✓      |         |          |         |             |            |                  |             |                  |          |                        |
| Chicken schnitzel / green beans / lemon / caper butter / chips *                           |           | ✓                               |                | ✓      |         |          | ✓       |             |            |                  |             |                  |          | ✓                      |
| Irish rib-eye steak 220g / garlic butter / rocket and Parmesan-style hard cheese / chips * |           |                                 |                |        |         |          | ✓       |             | ✓          |                  |             |                  |          | ✓                      |
| Five spice sticky pork short ribs / Asian coleslaw                                         | ✓         | ✓                               |                |        | ✓       |          |         |             | ✓          | ✓                |             | ✓                | ✓        | ✓                      |
| SIDES                                                                                      |           |                                 |                |        |         |          |         |             |            |                  |             |                  |          |                        |
| Steamed seasonal greens                                                                    |           |                                 |                |        |         |          | ✓       |             |            |                  |             |                  |          |                        |
| Peas                                                                                       |           |                                 |                |        |         |          | ✓       |             |            |                  |             |                  |          |                        |
| Rocket salad / Parmesan-style hard cheese / balsamic olive oil dressing                    |           |                                 |                |        |         |          | ✓       |             | ✓          |                  |             |                  |          | ✓                      |
| Chips *                                                                                    |           |                                 |                |        |         |          |         |             |            |                  |             |                  |          |                        |
| Truffle chips / Parmesan-style hard cheese *                                               |           |                                 |                |        |         |          | ✓       |             |            |                  |             |                  |          |                        |
| House salad / balsamic olive oil dressing                                                  |           |                                 |                |        |         |          |         |             | ✓          |                  |             |                  |          | ✓                      |
| Jersey royals                                                                              |           |                                 |                |        |         |          | ✓       |             |            |                  |             |                  |          |                        |
| PUDDINGS                                                                                   |           |                                 |                |        |         |          |         |             |            |                  |             |                  |          |                        |
| Red berry compote                                                                          |           |                                 |                |        |         |          |         |             |            |                  |             |                  |          |                        |
| Passion fruit sorbet                                                                       |           |                                 |                |        |         |          |         |             |            |                  |             |                  |          |                        |
| Warm chocolate chunk brownie / chocolate sauce                                             |           |                                 |                | ✓      |         |          | ✓       |             |            |                  |             |                  |          |                        |
| Sticky toffee pudding / toffee sauce                                                       |           |                                 |                | ✓      |         |          | ✓       |             |            | ✓                |             |                  |          |                        |
| Add ice cream                                                                              |           |                                 |                | ✓      |         |          | ✓       |             |            |                  |             |                  |          |                        |
| Add whipped cream                                                                          |           |                                 |                |        |         |          | ✓       |             |            |                  |             |                  |          |                        |

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| Rocky road cheesecake / marshmallows / honeycomb / strawberry                                                              |           | ✓                               |                | ✓      |         |          | ✓       |             |            | ✓                |             |                  |          | ✓                      |
| Creamy rice pudding / red berry compote                                                                                    |           |                                 |                |        |         |          | ✓       |             |            |                  |             |                  |          |                        |
| Affogato – espresso poured over vanilla ice cream                                                                          |           |                                 |                | ✓      |         |          | ✓       |             |            |                  |             |                  |          |                        |
| Spiked affogato with a shot of Frangelico or Baileys – espresso poured over vanilla ice cream                              |           |                                 |                | ✓      |         |          | ✓       |             |            |                  |             |                  |          | ✓                      |
| Knickerbockerglory sundae - red fruits / vanilla ice cream / toasted almonds / strawberry syrup / whipped cream            |           |                                 |                | ✓      |         |          | ✓       |             |            | ✓                |             |                  |          |                        |
| Double chocolate sundae - chocolate brownie / Jersey vanilla ice cream / whipped cream / chocolate sauce / toasted almonds |           |                                 |                | ✓      |         |          | ✓       |             |            | ✓                |             |                  |          |                        |
| Red berry compote & vanilla ice cream / DIY sprinkles ( <i>children's</i> )                                                |           |                                 |                | ✓      |         |          | ✓       |             |            | ✓                |             |                  |          |                        |
| Soft Jersey vanilla ice cream / DIY sprinkles ( <i>children's</i> )                                                        |           | ✓                               |                | ✓      |         |          | ✓       |             |            |                  |             |                  |          |                        |
| DIY SPRINKLES                                                                                                              |           |                                 |                |        |         |          |         |             |            |                  |             |                  |          |                        |
| Sugar strands                                                                                                              |           |                                 |                |        |         |          |         |             |            |                  |             |                  |          |                        |
| Cookies & cream biscuit pieces                                                                                             |           | ✓                               |                |        |         |          |         |             |            |                  |             |                  | ✓        |                        |
| Mini marshmallows                                                                                                          |           |                                 |                |        |         |          |         |             |            |                  |             |                  |          |                        |
| Sugar coated mini chocolate beans                                                                                          |           |                                 |                |        |         |          | ✓       |             |            |                  |             |                  |          |                        |

We recommend that guests with severe food allergies choose a complete dish off this allergen menu so they can check it does not contain the relevant allergens. We have an allergy policy and do our best to reduce the risk of cross-contamination but we cannot guarantee that any of our dishes are free from allergens. Guests with severe allergies are advised to assess their own level of risk and we do not accept any liability in this respect. Whilst modifications may seem easy to accommodate, please understand when they are declined as they may impact on the efficiency of service to others or be impossible due to elements of the dish being pre-prepared.

Dishes marked with a \* include items that are cooked in a fryer where traces of gluten, shellfish, meat, dairy and egg may be present. Therefore, due to the nature of the cooking process, we cannot guarantee that fried foods are 100% free from other allergens.

Further information can be found at [jprestaurants.com/news/eating-food-allergy](https://jprestaurants.com/news/eating-food-allergy).