

JERSEY

CRAB SHACK

1. Celery
2. Cereals Containing
Gluten
3. Crustaceans
4. Egg
5. Fish
6. Lupin
7. Milk
8. Molluscs
9. Mustard
10. Nuts & Seeds
11. Peanuts
12. Sesame seeds
13. Soya
14. Sulphur dioxide

BREAD AND APPETISERS

Basket of continental breads		✓					✓			✓				✓
Toasted gluten free bread				✓			✓							
Garlic ciabatta		✓					✓							✓
Garlic ciabatta - garlic butter, ham and cheese		✓					✓							✓
Italian marinated olives														
Mixed nuts (no peanuts)										✓				
Popcorn chicken							✓		✓				✓	✓

STARTERS

Hass avocado on multigrain toast		✓							✓	✓		✓		✓
Hass avocado on multigrain toast, add smoked bacon		✓							✓	✓		✓		✓
Hass avocado on multigrain toast, add prawn cocktail		✓	✓	✓					✓	✓		✓		✓
Jersey oysters from the Royal Bay of Grouville								✓						✓
Prawn cocktail		✓	✓	✓	✓				✓					✓
Shellfish bisque	✓	✓	✓				✓							✓
Crab mayonnaise	✓	✓	✓	✓	✓				✓					✓
Prawn, avocado and smoked salmon		✓	✓	✓	✓				✓					✓
Five spice sticky pork short ribs	✓	✓			✓				✓	✓		✓	✓	✓
Popcorn chicken							✓		✓				✓	✓
Curried cauliflower fritters							✓							✓
Prawn, bacon and potato fritters		✓	✓	✓	✓		✓		✓				✓	✓
Crispy battered squid				✓				✓	✓					✓



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|-----------|------------|-------------------|----------------|--------|---------|----------|---------|-------------|------------|------------------|-------------|------------------|----------|---------------------|
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MAIN DISHES

Curried cauliflower fritters							✓		✓					✓
Punjabi lentil curry									✓	✓				
Fish and chips				✓	✓		✓		✓					✓
Mexican grilled chicken salad		✓							✓	✓				✓
Mexican grilled chicken salad		✓					✓		✓	✓				✓
Crispy king prawn fritter and squid board			✓	✓				✓	✓			✓	✓	✓
Beef burger		✓		✓			✓		✓					✓
Complète beef burger		✓		✓			✓		✓					✓
Salade composée									✓	✓		✓		✓
Salade composée, add popcorn chicken							✓		✓	✓		✓		✓
Salade composée, add popcorn Gorgonzola							✓		✓	✓		✓		✓
Salade composée, add prawn cocktail		✓	✓	✓					✓	✓		✓		✓
Chicken paillard									✓					✓
Blackened cod burger		✓		✓	✓		✓		✓	✓		✓	✓	✓
Halloumi burger		✓		✓			✓		✓					✓
Fish and shellfish platter		✓	✓	✓	✓		✓		✓					✓
Seared teriyaki salmon		✓		✓	✓				✓	✓		✓	✓	✓
Indonesian seafood curry			✓		✓				✓	✓				
Seafood linguine		✓	✓	✓				✓						
Miso glazed cod		✓			✓					✓		✓	✓	
Chicken schnitzel		✓		✓			✓							✓
Irish rib-eye steak 220g							✓		✓					✓
Five spice sticky pork short ribs	✓	✓			✓				✓	✓		✓	✓	✓



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SIDES

Steamed seasonal greens							✓							
Peas							✓							
Rocket salad							✓		✓					✓
Chips														
Truffle chips							✓							
Thai chips										✓				
Cheesy chips							✓							✓
Sweet potato chips														
Pilau Rice									✓					
House salad									✓					✓
New potatoes							✓							

CHILDREN'S MENU (12 AND UNDER)

Tomato linguine		✓		✓			✓							✓
Prawn cocktail		✓		✓					✓					✓
Crispy battered squid							✓	✓						
Mini beef burger		✓		✓			✓		✓					✓
Fish & chips				✓	✓		✓							
Five spice sticky pork short ribs	✓	✓			✓								✓	✓
Chicken schnitzel		✓		✓			✓							



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PUDDINGS

Red berry compote														
Passion fruit sorbet														
Warm chocolate chunk brownie				✓			✓							
Sticky toffee pudding				✓			✓							
Summer berries														
Add ice cream				✓			✓							
Add whipped cream							✓							
Rocky road cheesecake		✓		✓			✓							✓
Creamy rice pudding							✓							
Affogato				✓			✓							
Spiked affogato				✓			✓							✓
Knickerbockerglory sundae				✓			✓			✓				
Double chocolate sundae				✓			✓			✓				
Red berry compote & vanilla ice cream				✓			✓							
Soft Jersey vanilla ice cream, DIY sprinkles (children's)		✓		✓			✓							

DIY SPRINKLES

Sugar strands														
Cookies & cream biscuit pieces		✓											✓	
Mini marshmallows														
Sugar coated mini chocolate beans							✓							

We recommend that guests with severe food allergies choose a complete dish off this allergen menu so they can check it does not contain the relevant allergens. We have an allergy policy and do our best to reduce the risk of cross-contamination but we cannot guarantee that any of our dishes are free from allergens. Guests with severe allergies are advised to assess their own level of risk and we do not accept any liability in this respect. Whilst modifications may seem easy to accommodate, please understand when they are declined as they may impact on the efficiency of service to others or be impossible due to elements of the dish being pre-prepared.

Dishes marked with a * include items that are cooked in a fryer where traces of gluten, shellfish, meat, dairy and egg may be present. Therefore, due to the nature of the cooking process, we cannot guarantee that fried foods are 100% free from other allergens.

Further information can be found at jprestaurants.com/news/eating-food-allergy