



BANJO ALLERGEN MENU														
	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Nuts & Seeds	11. Peanuts	12. Sesame Seeds	13. Soya	14. Sulphur Dioxide
BREAD & APPETISERS														
Italian marinated olives														
Almond and cashew nuts										✓				
Basket of continental breads		✓					✓							✓
Toasted gluten free bread				✓			✓							
FIRST COURSES														
Chilled Jersey Rock oysters								✓						✓
Vichyssoise	✓						✓							
Asparagus, Hollandaise sauce				✓			✓							✓
Seafood risotto	✓		✓		✓		✓	✓	✓					✓
Roast beetroot salad							✓		✓	✓				✓
Jersey shellfish bisque	✓		✓				✓							✓
Tuna salad					✓				✓	✓		✓	✓	✓
Pigeon	✓						✓							✓
Seared beef carpaccio				✓			✓		✓					✓
Seared scallops							✓	✓	✓					✓
Tempura style king prawns			✓						✓				✓	✓
Burrata and black truffle tortelloni	✓	✓		✓			✓		✓	✓				✓
Burgundy snails		✓					✓	✓						✓
Banjo platter		✓	✓	✓	✓				✓				✓	✓
Crispy duck and green mango salad													✓	✓
Grilled artichoke, fig and quinoa salad	✓								✓	✓				✓
Scottish smoked salmon	✓	✓		✓	✓		✓		✓					✓



BANJO ALLERGEN MENU														
	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Nuts & Seeds	11. Peanuts	12. Sesame Seeds	13. Soya	14. Sulphur Dioxide
SALADS														
Caesar salad		✓		✓	✓		✓		✓					✓
Chicken Caesar salad		✓		✓	✓		✓		✓					✓
King prawn Caesar salad		✓	✓	✓	✓		✓		✓					✓
Autumn salad									✓	✓				✓
Autumn salad, add grilled goats' cheese							✓		✓	✓				✓
Autumn salad, add grilled chicken									✓	✓				✓
Autumn salad, add king prawns			✓						✓	✓				✓
Tuna salad					✓				✓	✓		✓	✓	✓
VEGETARIAN														
Spiced roast cauliflower		✓							✓	✓				
Butternut squash risotto	✓						✓		✓	✓				✓
Grilled vegetables							✓		✓					✓
GRILLS and MEATS														
Rib-eye 220g									✓					✓
Sirloin 240g									✓					✓
Fillet 220g									✓					✓
Tomahawk steak rib									✓					✓
<i>Served with watercress</i>									✓					✓
Peppercorn sauce	✓	✓			✓		✓							✓
Blue cheese sauce		✓					✓		✓					✓
Béarnaise sauce				✓			✓							✓
Garlic butter							✓							✓
Chimichurri sauce														✓
Bangladeshi lamb curry							✓		✓					✓
Roast chicken breast	✓						✓							✓
Duck breast	✓	✓			✓		✓							✓
Beef burger		✓		✓			✓		✓				✓	✓
Slow cooked pork belly	✓						✓		✓					✓



BANJO ALLERGEN MENU														
	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Nuts & Seeds	11. Peanuts	12. Sesame Seeds	13. Soya	14. Sulphur Dioxide
FISH														
Haddock				✓	✓		✓		✓					✓
Goan coconut king prawn curry			✓						✓	✓				✓
Monkfish scampi		✓		✓	✓				✓					✓
Crab tagliolini ribbon pasta		✓	✓	✓			✓							
SIDES														
Chips														
Truffle chips							✓							
Roast sweet potato wedges														
New potatoes							✓							
Seasonal green vegetables							✓							
Escarole									✓					✓
Spinach - steamed														
Spinach - buttered							✓							
Rocket salad							✓		✓					✓
Mashed potatoes							✓							
Creamed sweet corn	✓						✓							✓
CHILDREN'S MENU														
Crispy tempura prawn			✓	✓					✓					✓
Battered fish of the day				✓	✓		✓		✓					✓
Grilled daily fish special					✓		✓							
Mini beef burger		✓		✓			✓		✓					✓
Grilled chicken fillets		✓					✓							
Minute sirloin steak							✓							✓
Linguine		✓		✓			✓							



BANJO ALLERGEN MENU														
	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Nuts & Seeds	11. Peanuts	12. Sesame Seeds	13. Soya	14. Sulphur Dioxide
PUDDINGS														
Vanilla crème brûlée		✓		✓			✓							✓
Sticky toffee pudding				✓			✓							✓
Toffee pecan ice cream				✓			✓			✓				
Dark chocolate bomb				✓			✓							
Marscarpone and maple cheesecake		✓		✓			✓							
Chocolate mousse		✓		✓			✓			✓				✓
Seasonal fruits and berries														
Café gourmand		✓		✓			✓			✓		✓		
Ice cream		✓		✓			✓			✓				
Sorbet - almond biscotti		✓		✓			✓			✓				
Ice cream (<i>without biscotti</i>)				✓			✓			✓				
Sorbet (<i>without biscotti</i>)														
Driftwood	✓	✓		✓			✓		✓					✓
Blacksticks Blue	✓	✓		✓			✓		✓					✓
Oglesfield	✓	✓		✓			✓		✓					✓
Westcombe cheddar	✓	✓		✓			✓		✓					✓
BAR MENU (dishes available on à la carte menu are listed on the other pages)														
Ham baguette & a mug soup	✓	✓					✓		✓					
Wiltshire ham baguette	✓	✓					✓		✓					
Open Scottish smoked salmon sandwich		✓		✓	✓		✓		✓					✓
Prawn cocktail on toast		✓	✓	✓			✓		✓					✓

List of allergens for specials are printed on the back of the specials menu available when you dine.

We recommend that guests with severe food allergies choose a complete dish off this allergen menu so they can check it does not contain the relevant allergens. We have an allergy policy and do our best to reduce the risk of cross-contamination but we cannot guarantee that any of our dishes are free from allergens. Guests with severe allergies are advised to assess their own level of risk and we do not accept any liability in this respect. Whilst modifications may seem easy to accommodate, please understand when they are declined as they may impact on the efficiency of service to others or be impossible due to elements of the dish being pre-prepared.

Further information can be found at jprestaurants.com/news/eating-food-allergy.