

# JERSEY CRAB SHACK

JERSEY CRAB SHACK ALLERGEN MENU	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Nuts & Seeds	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide
<b>BREAD AND APPETISERS</b>														
Basket of continental breads		✓					✓			✓				✓
Toasted gluten free bread				✓			✓							
Garlic ciabatta		✓					✓							✓
Garlic ciabatta - garlic butter, ham and cheese		✓					✓							✓
Italian marinated olives														
Mixed nuts ( <i>no peanuts</i> )										✓				
Popcorn chicken							✓		✓				✓	✓
<b>STARTERS</b>														
Hass avocado on multigrain toast		✓							✓	✓		✓		✓
Hass avocado on multigrain toast, add smoked bacon		✓							✓	✓		✓		✓
Hass avocado on multigrain toast, add prawn cocktail		✓	✓	✓					✓	✓		✓		✓
Jersey oysters from the Royal Bay of Grouville								✓						✓
Prawn cocktail		✓	✓	✓	✓				✓					✓
Shellfish bisque	✓	✓	✓				✓							✓
Crab mayonnaise	✓	✓	✓	✓	✓				✓					✓
Prawn, avocado and smoked salmon		✓	✓	✓	✓				✓					✓
Five spice sticky pork short ribs	✓	✓			✓				✓	✓		✓	✓	✓
Popcorn chicken							✓		✓				✓	✓
Curried cauliflower fritters							✓							✓
Prawn, bacon and potato fritters		✓	✓	✓	✓		✓		✓				✓	✓
Crispy battered squid				✓				✓	✓					✓
<b>MAIN DISHES</b>														
Curried cauliflower fritters							✓		✓					✓
Punjabi lentil curry									✓	✓				
Fish and chips				✓	✓		✓		✓					✓
Mexican grilled chicken salad		✓							✓	✓				✓
Mexican grilled chicken salad		✓					✓		✓	✓				✓
Crispy king prawn fritter and squid board			✓	✓				✓	✓			✓	✓	✓
Beef burger		✓		✓			✓		✓					✓
Complète beef burger		✓		✓			✓		✓					✓
Salade composée									✓	✓		✓		✓
Salade composée, add popcorn chicken							✓		✓	✓		✓		✓
Salade composée, add prawn cocktail		✓	✓	✓					✓	✓		✓		✓
Flat iron chicken									✓					✓
Blackened cod burger		✓		✓	✓		✓		✓	✓		✓	✓	✓



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<b>MAIN DISHES CONTINUED</b>														
Halloumi burger		✓		✓			✓		✓					✓
Fish and shellfish platter		✓	✓	✓	✓		✓		✓					✓
Seared teriyaki salmon		✓		✓	✓				✓	✓		✓	✓	✓
Indonesian seafood curry			✓		✓				✓	✓				
Seafood linguine		✓	✓	✓				✓						
Miso glazed cod		✓			✓					✓		✓	✓	
Chicken schnitzel		✓		✓			✓							✓
Irish rib-eye steak 220g							✓		✓					✓
Five spice sticky pork short ribs	✓	✓			✓				✓	✓		✓	✓	✓
<b>SIDES</b>														
Steamed seasonal greens							✓							
Peas							✓							
Rocket salad							✓		✓					✓
Chips														
Truffle chips							✓							
Thai chips										✓				
Cheesy chips							✓							✓
Sweet potato chips														
Pilau Rice									✓					
House salad									✓					✓
New potatoes							✓							
<b>SPECIALS</b>														
Crab salad			✓						✓	✓		✓		✓
Crab taco		✓	✓				✓		✓					✓
Crab linguine		✓	✓	✓										
Crab gratin	✓	✓	✓		✓		✓		✓					✓
Bass					✓		✓							✓
Chicken balti		✓							✓	✓		✓		✓

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CHILDREN'S MENU (12 & UNDER)														
Tomato linguine		✓		✓			✓							✓
Prawn cocktail		✓		✓					✓					✓
Crispy battered squid							✓	✓						
Mini beef burger		✓		✓			✓		✓					✓
Fish and chips				✓	✓		✓							
Five spice sticky pork short ribs	✓	✓			✓								✓	✓
Grilled chicken	✓													✓
Chicken schnitzel		✓		✓			✓							
PUDDINGS														
Red berry compote														
Passion fruit sorbet														
Warm chocolate chunk brownie				✓			✓							
Sticky toffee pudding				✓			✓							
Tiramisu		✓		✓			✓							✓
Add mixed ice cream							✓							
Rocky road cheesecake		✓		✓			✓							✓
Creamy rice pudding							✓							
Affogato - espresso poured over vanilla ice cream				✓			✓							
Spiked affogato with a shot of Frangelico or Baileys - espresso poured over vanilla ice cream				✓			✓							✓
Red berry compote & vanilla ice cream				✓			✓							
Red berry sundae				✓			✓			✓				
Double chocolate sundae				✓			✓			✓				
Jersey dairy ice cream, DIY sprinkles (children's)							✓						✓	

We recommend that guests with severe food allergies choose a complete dish off this allergen menu so they can check it does not contain the relevant allergens. We have an allergy policy and do our best to reduce the risk of cross-contamination but we cannot guarantee that any of our dishes are free from allergens. Guests with severe allergies are advised to assess their own level of risk and we do not accept any liability in this respect. Whilst modifications may seem easy to accommodate, please understand when they are declined as they may impact on the efficiency of service to others or be impossible due to elements of the dish being pre-prepared.

Further information can be found at [jprestaurants.com/news/eating-food-allergy](http://jprestaurants.com/news/eating-food-allergy)

PLEASE SEE OVER FOR CHILDREN'S ALLERGEN MENU AND PUDDING ALLERGEN MENU.