

CAFÉ UBÉ ALLERGEN MENU	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree Nuts	11. Peanuts	12. Sesame	13. Soya	14. Sulphur dioxide
PASTRIES														
Croissant		✓					✓							
Pain au Chocolat		✓					✓						✓	
Danish		✓					✓			✓				
YOGHURTS & DESSERT POTS														
Strawberry							✓							
Mango							✓							
Cheese cake pots		✓					✓							
Granola pot		✓					✓			✓		✓		✓
Bircher muesli		✓					✓			✓				✓
PORRIDGE														
Porridge with skimmed milk		✓					✓							
Porridge with almond milk		✓								✓				
SANDWICHES ON FAMRHOUSE SEEDED BREAD														
Chicken, bacon and avocado		✓		✓			✓		✓				✓	✓
Smoked salmon with rocket & black pepper		✓			✓		✓						✓	
Wiltshire ham salad with English mustard mayo		✓		✓			✓		✓				✓	
Tuna Mayo & cucumber		✓		✓	✓		✓		✓				✓	
Ham, Jarlsberg and green kraut relish	✓	✓		✓			✓		✓				✓	✓
VEGETARIAN SANDWICHES														
Avocado, falafel and betroot hummus		✓											✓	✓
Egg mayo and cress		✓		✓			✓		✓				✓	✓
SOFT ROLLS														
Ham and cheese		✓					✓							
Double ham		✓					✓							
Egg mayo and cress		✓		✓			✓		✓					✓
WRAPS														
Thai tuna mayo		✓		✓	✓				✓			✓	✓	
Chilli chicken		✓		✓					✓			✓	✓	
SMALL SALADS														
Tuna pasta		✓		✓	✓		✓		✓				✓	✓
Hummus & crudites	✓											✓		
Salmon & egg protein pot				✓	✓									
SALADS														
Sticky sesame chicken noodle		✓		✓						✓		✓	✓	
Tuna Niçoise				✓	✓				✓					✓
Vietnamese Chicken noodle salad					✓							✓	✓	
House salad with superfood quinoa and citrus dressing									✓					✓
Hummus & falafel Buddha Bowl									✓	✓		✓		✓
Thai Tuna salad					✓				✓	✓		✓		✓
Mediterranean feta & couscous salad		✓							✓	✓		✓	✓	✓

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BAGELS														
Ham & Jarlsberg multigrain bagel		✓		✓			✓		✓	✓				
Smoked salmon & cream cheese bagel		✓			✓		✓			✓				
Avocado & tomato multigrain bagel		✓					✓			✓				
Bacon & Jarlsberg Bagel		✓					✓			✓		✓		✓
BAGUETTES														
Wiltshire Ham & butter		✓					✓					✓		
Cajun chicken & avocado		✓		✓			✓		✓	✓		✓		
Ham and Jarlsberg salad with mustard mayo		✓		✓			✓		✓	✓		✓		
Egg mayo and cress		✓		✓			✓		✓	✓		✓		
Tuna mayo & cucumber		✓		✓	✓		✓		✓			✓	✓	
Chicken, crispy bacon and avocado		✓		✓			✓		✓			✓		✓
TORTILLAS														
Toasted chipotle chicken tortilla		✓					✓					✓		✓
Toasted chipotle veggie tortilla		✓										✓		✓
SUSHIRITTO														
Prawn sushiritto			✓	✓	✓				✓			✓	✓	✓
HOT WRAPS & PANINIS														
Chicken burrito		✓					✓							✓
Indian meatball wrap		✓							✓					
Thai tofu		✓										✓	✓	✓
Cheese and ham panini		✓					✓							
Halloumi and harissa		✓					✓							
Thai stir fied chicken		✓										✓	✓	✓
Pork Burrito		✓					✓		✓					✓
Chicken Burrito		✓					✓		✓					✓
Vegetable korma		✓							✓					
Italian chicken wrap		✓					✓							
Jersey meatball wrap		✓					✓							
Hoisin chicken wrap		✓			✓							✓	✓	✓
Italian meatball wrap		✓					✓							
Roast cauliflower and lentil wrap		✓					✓		✓					
Provencale vegetable wrap		✓					✓							
Chicken Korma wrap		✓							✓					
Hoisin pork wrap		✓			✓							✓	✓	✓
Falafel & halloumi wrap		✓					✓			✓				
Vegan Chipotle Chilli Non Carne wrap	✓					✓							✓	✓

No information here should be used as a guarantee, but simply as a best faith effort to serve our customers.