

BANJO ALLERGEN MENU	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree Nuts	11. Peanuts	12. Sesame Seeds	13. Soya	14. Sulphur Dioxide
BREAD and APPETISERS														
Italian marinated olives														
Almond and cashew nuts										✓	□			
Basket of continental breads		✓					✓					□		✓
Toasted gluten-free bread				✓			✓							
FIRST COURSES														
Chilled Jersey Rock oysters								✓						✓
Jersey Rock oysters - butter sauce							✓	✓						✓
Sweet potato, red lentil & coconut soup													✓	
Asparagus, Hollandaise sauce				✓			✓							✓
Asparagus, vinaigrette sauce		□							✓					✓
Roast beetroot salad		□					✓		✓					✓
Jersey crab cakes		✓	✓	✓								✓	✓	✓
Tuna salad					✓				✓			✓	✓	✓
Pigeon	✓						✓						✓	✓
Asparagus and crab			✓											
Seared beef carpaccio		□		✓			✓		✓				✓	✓
Seared scallops		□					✓	✓	✓				✓	✓
Tempura-style king prawns		□	✓		✓		□		✓				✓	✓
Burrata & black truffle tortelloni	✓	✓		✓			✓		✓	✓				✓
Burgundy snails		✓					✓	✓					✓	✓
Vietnamese duck salad		□										✓	✓	
Middle Eastern salad		□							□			✓	✓	✓
Scottish smoked salmon	✓	✓		✓	✓		✓		✓				□	✓
SALADS														
Caesar salad		✓		✓	✓		✓		✓					✓
Chicken Caesar salad		✓		✓	✓		✓		✓				✓	✓
King prawn Caesar salad		✓	✓	✓	✓		✓		✓				✓	✓
Spring salad		□							✓					✓
Spring salad, add goats' cheese		□					✓		✓					✓
Spring salad, add grilled chicken		□							✓				✓	✓
Spring salad, add king prawns		□	✓						✓				✓	✓
Tuna salad					✓				✓			✓	✓	✓
VEGETARIAN														
Thai spiced cauliflower	✓												✓	
Roast butternut squash	✓									✓	□		✓	✓
Grilled vegetables		□					✓		✓				✓	✓
GRILLS and MEATS														
Rib-eye 220g		□							✓				✓	✓

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Sirloin 240g		<input type="checkbox"/>							<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Fillet 200g		<input type="checkbox"/>							<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Tomahawk steak rib		<input type="checkbox"/>							<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Served with watercress		<input type="checkbox"/>							<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>												
Peppercorn sauce	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Blue cheese sauce		<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>												
Béarnaise sauce				<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>												
Garlic butter							<input checked="" type="checkbox"/>							<input checked="" type="checkbox"/>												
Chimichurri sauce														<input checked="" type="checkbox"/>												
Chicken Holstein		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>													
Duck breast	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Blue cheese and bacon burger		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Indonesian beef curry					<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>													
FISH																										
Haddock		<input type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Goan coconut king prawn curry		<input type="checkbox"/>	<input checked="" type="checkbox"/>				<input type="checkbox"/>		<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Monkfish scampi		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Thai baked bass					<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>													
Crab taglierini ribbon pasta		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>																			
SIDES																										
Chips							<input type="checkbox"/>						<input checked="" type="checkbox"/>													
Truffle chips							<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>													
Roast sweet potato wedges							<input type="checkbox"/>						<input checked="" type="checkbox"/>													
Jersey Royals grown by Master Farms							<input checked="" type="checkbox"/>																			
Seasonal green vegetables							<input checked="" type="checkbox"/>																			
Escarole		<input type="checkbox"/>							<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>												
Spinach - steamed																										
Spinach - buttered							<input checked="" type="checkbox"/>																			
Rocket salad							<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>												
Mashed potatoes		<input type="checkbox"/>					<input checked="" type="checkbox"/>																			
Creamed sweet corn	<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
CHILDREN'S MENU																										
Crispy tempura-style prawn		<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			<input type="checkbox"/>		<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Battered fish of the day		<input type="checkbox"/>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Grilled daily fish special				<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>													
Mini beef burger		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Grilled chicken fillets		<input checked="" type="checkbox"/>					<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>													
Minute sirloin steak							<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>												
Linguine		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>						<input checked="" type="checkbox"/>													

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PUDDINGS														
Rhubarb and apple crumble		✓		✓			✓			✓				
Sticky toffee pudding				✓			✓							✓
Toffee pecan ice cream				✓			✓			✓			✓	
Dark chocolate bomb				✓			✓						✓	
Mascarpone and vanilla tart		✓		✓			✓						□	✓
Vanilla crème brûlée		✓		✓			✓							
Seasonal fruits and berries										□	□		□	
Café gourmand		✓		✓			✓			✓		✓		
Ice cream		✓		✓			✓			✓	□		□	
Sorbet - almond biscotti		✓		✓			✓			✓	□		□	
Ice cream (without biscotti)				✓			✓			✓				
Sorbet (without biscotti)										□	□		□	
Beauvale blue cheese	✓	✓		✓			✓		✓	✓				✓
Clara goats' cheese	✓	✓		✓			✓		✓	✓				✓
Kaltback Swiss cow's cheese	✓	✓		✓			✓		✓	✓				✓
Old Winchester English cow's cheese	✓	✓		✓			✓		✓	✓				✓
BAR MENU (dishes available on à la carte menu are listed on the other pages)														
Ham baguette & a mug soup		✓					✓		✓				✓	✓
Wiltshire ham baguette		✓					✓		✓					
Open Scottish smoked salmon sandwich		✓		✓	✓		✓		✓					✓
Prawn cocktail on toast		✓	✓	✓			✓		✓					✓

✓ = contains allergen

□ = contains ingredient with label that indicates may contain allergen.

List of allergens for specials are printed on the back of the specials menu available when you dine.

We recommend that guests with severe food allergies choose a complete dish off this allergen menu so they can check it does not contain the relevant allergens. We have an allergy policy and do our best to reduce the risk of cross-contamination but we cannot guarantee that any of our dishes are free from allergens. Guests with severe allergies are advised to assess their own level of risk and we do not accept any liability in this respect. Whilst modifications may seem easy to accommodate, please understand when they are declined as they may impact on the efficiency of service to others or be impossible due to elements of the dish being prepared.

Further information can be found at jprestaurants.com/news/food-allergy-policy