



1. Celery	2. Cereals containing gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree nuts	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide / Sulphites
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BREAD and APPETISERS

Gordal olives													✓
Spicy corn kernels									<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Basket of continental breads		✓		<input type="checkbox"/>			✓		<input type="checkbox"/>		✓		✓
Toasted gluten-free bread				✓			✓						✓

FIRST COURSES

Jersey rock oysters							✓						
Coconut fried king prawns	<input type="checkbox"/>	✓	✓	✓	✓		<input type="checkbox"/>	<input type="checkbox"/>				✓	
Crispy squid	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	✓		✓	<input type="checkbox"/>				✓	
Roast spiced cauliflower and fregola		✓						<input type="checkbox"/>					✓
Roast beetroot salad	<input type="checkbox"/>						✓	✓ ¹					✓
Seared tuna salad	<input type="checkbox"/>		<input type="checkbox"/>		✓		<input type="checkbox"/>	✓	<input type="checkbox"/>	<input type="checkbox"/>	✓	✓	
Crab salad	<input type="checkbox"/>		✓	✓				✓ ¹					✓ ¹
Smoked mackerel mousse		✓		<input type="checkbox"/>	✓		✓	✓	<input type="checkbox"/>		<input type="checkbox"/>		✓
Burgundy snails		✓					✓	✓					✓
Rabbit croquettes	✓	✓	<input type="checkbox"/>	✓	<input type="checkbox"/>		<input type="checkbox"/>	✓					✓
Seafood risotto			✓		<input type="checkbox"/>		✓	✓					✓
Asian beef salad	<input type="checkbox"/>							<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	✓	✓	
Grilled scallop	✓	✓	<input type="checkbox"/>		<input type="checkbox"/>		✓	✓					✓
Wild mushroom risotto	<input type="checkbox"/>						✓	<input type="checkbox"/>					✓

SALADS

Seared tuna salad	<input type="checkbox"/>		<input type="checkbox"/>		✓		<input type="checkbox"/>	✓	<input type="checkbox"/>	<input type="checkbox"/>	✓	✓	
Seasonal salad	<input type="checkbox"/>							✓ ¹					✓ ¹
Add goats' cheese	<input type="checkbox"/>						✓	✓ ¹					✓ ¹
Add grilled chicken	<input type="checkbox"/>							✓ ¹					✓ ¹
Add king prawns	<input type="checkbox"/>		✓		<input type="checkbox"/>		<input type="checkbox"/>	✓ ¹					✓ ¹
Roast beetroot salad	<input type="checkbox"/>						✓	✓ ¹					✓

VEGETARIAN and VEGAN

Pumpkin and aubergine tikka masala	<input type="checkbox"/>	<input type="checkbox"/>						<input type="checkbox"/>					
Mediterranean mushrooms		✓		<input type="checkbox"/>			<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		✓
Wild mushroom risotto	<input type="checkbox"/>						✓	<input type="checkbox"/>					✓

GRILLS and MEATS

Tomahawk steak rib	<input type="checkbox"/>							✓ ¹					✓ ¹
Fillet steak	<input type="checkbox"/>							✓ ¹					✓ ¹
Rib-eye steak	<input type="checkbox"/>							✓ ¹					✓ ¹
Flat iron steak	<input type="checkbox"/>							✓ ¹					✓ ¹
Peppercorn sauce	✓	✓			✓		✓						✓
Blue cheese sauce		✓			✓		✓	✓					✓
Chimichurri sauce													
Béarnaise sauce				✓			✓						✓
Garlic butter							✓						✓
Diane sauce	✓						✓	✓					✓
Confit duck leg	✓						✓						✓
Venison stroganoff	✓						✓	✓					✓
Calves' liver	✓						✓						✓
Grilled chicken breast	✓						✓	<input type="checkbox"/>					✓
Indonesian beef curry	<input type="checkbox"/>	<input type="checkbox"/>						✓					

FISH and SHELLFISH

Fish of the day with sauce vierge								✓					
Fish of the day with hollandaise				✓	✓		✓						✓
Goan coconut king prawn curry			✓		<input type="checkbox"/>			<input type="checkbox"/>					
Monkfish scampi	<input type="checkbox"/>	✓	<input type="checkbox"/>	✓	✓			<input type="checkbox"/>	✓				✓ ¹
Grilled fillet of hake	✓		<input type="checkbox"/>		✓		✓	✓					✓
Coconut fried king prawns	<input type="checkbox"/>	✓	✓	✓	✓			<input type="checkbox"/>	<input type="checkbox"/>			✓	



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SIDES

Chips															
Truffle chips							✓								
Roast sweet potato															
New potatoes / Jersey Royals							✓								
New potatoes / Jersey Royals (unbuttered)															
Tendersteam broccoli															
Escarole salad									✓ ¹						✓ ¹
Spinach - steamed															
Spinach - buttered							✓								
Mashed potatoes							✓								

PUDDINGS

Pineapple carpaccio							☐			☐					
Baked Alaska				✓			✓			☐	☐				
Apple and blackberry crumble				✓			✓			☐	☐				✓
Treacle tart		✓		✓			✓			☐			☐		
Dark chocolate bomb				✓			✓			☐	☐			✓	
Vanilla crème brûlée				✓			✓			☐					
Île flottante				✓			✓			☐	☐				
Café gourmand		✓		✓			✓		☐	☐	☐			✓	
Ice cream and biscotti		✓		✓			✓			☐	☐			✓	
Sorbet and biscotti		✓		✓			✓			☐	☐			✓	
Ice cream (without biscotti)				✓			✓			☐	☐				
Sorbet (without biscotti)							☐			☐					
Cheese selection	✓	✓		✓			✓			☐	☐		☐		
Chocolate coffee beans							✓			☐	☐				

CHILDREN'S (Please check both the main and the side / sauce your child has chosen)

Penne pasta		✓					✓								✓
Penne pasta with grilled chicken		✓					✓								✓
Grilled chicken fillet	✓														✓
Grilled fish of the day						✓									✓
Crumbed fish of the day		✓		✓	✓										✓
Grilled flat iron steak	✓														✓
Mashed potatoes							✓								
Chips															
New potatoes							✓								
New potatoes (unbuttered)															
Gravy	✓														✓
Lemon butter							✓								✓
Tartar sauce				✓					✓						
Tomato ketchup	✓														
Mayonnaise				✓											
BBQ sauce	☐			☐			✓		✓						

- ✓ = Contains allergen
- ☐ = Contains ingredient with label that indicates may contain allergen.
- ✓¹ = Contains allergen in dressing.
- ☐² = Cross-contamination risk due to cooking method.

List of allergens for specials are printed on the back of the specials menu available when you dine.

We welcome guests with food allergies. Please let us know if you have any allergies or dietary requirements, and check our allergen menu before you order.

Our dishes are made here and may contain trace ingredients. For further information on our approach, please ask, see jpresta.com/allergies



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