

# BERESFORD HOUSE



## ALLERGEN MENU

✓ = Dish contains that allergen, as part of the recipe

MC = Dish contains an ingredient which has a label stating "May contain" [that allergen]

CR = Risk of cross-contamination of that allergen, due to cooking method (for example, foods cooked on same plancha)

This version: 04 June 2026

	1. Celery	2. Cereal cont. gluten (wheat)	2. Cereal cont. gluten (rye)	2. Cereal cont. gluten (barley)	2. Cereal cont. gluten (oats)	2. Cereal cont. gluten (spelt)	2. Cereal cont. gluten (khorasan wheat)	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree nuts	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide / Sulphites
--	-----------	--------------------------------	------------------------------	---------------------------------	-------------------------------	--------------------------------	---	----------------	--------	---------	----------	---------	-------------	------------	---------------	-------------	------------------	----------	---------------------------------

### Smaller plates...

Spicy olives									MC						MC				✓
House sourdough		✓										✓							✓
Jersey rock oysters - shallot vinegar													✓						✓
Jersey rock oysters - Kenney-Herbert	✓											✓	✓						✓
Jersey rock oysters - champagne butter												✓	✓						✓
Beef tartare	✓	✓		✓					✓					✓					✓
Hand-dived Jersey scallops								CR	CR			✓	✓						✓
Jersey crab		✓						✓						✓			✓		✓
Scottish smoked salmon	MC	✓		✓	✓				✓	✓		✓		✓				MC	✓
Chicken & duck liver parfait		✓							✓			✓		✓				MC	✓
Crottin goat's cheese									MC			✓		✓	MC				✓
Roast beetroot & pickled pear salad	MC	MC	MC	MC	MC	MC	MC					✓		MC	MC				✓
Beresford House pasta room spaghetti		✓							✓			✓							
Old Vic pork and chorizo sausage roll	MC	✓						MC	✓	MC		✓		✓				MC	✓
Korean chicken wings												✓					✓	✓	✓
Mince on toast	✓	✓		✓				CR	✓			✓	CR					✓	✓
Crab toast with poached egg		✓						✓	✓			✓					✓		✓
Green lentil toast	✓	✓						CR	CR				CR	MC	MC	MC		MC	✓
Poached egg									✓										
Half gem Caesar		✓		✓					✓	✓		✓		✓	MC		MC		✓
Soup of the day (vegetable)	✓	✓																	
Soup of the day (vegetable, without bread)	✓																		
Jersey rarebit		✓		✓					✓			✓		✓					✓
Guasacaca salsa toast		✓												✓					✓
Poached Jersey eggs		✓							✓			✓							✓
Smoked bacon																			
Smoked salmon										✓									
Grilled Portobello mushroom																			

### Larger plates...

Sirloin of beef																			
Fillet of beef																			
Beef tomahawk																			
Suffolk pork cutlet																			
Grilled fish										✓									
Brown butter & tarragon hollandaise									✓			✓							✓
Pepper sauce	✓											✓							✓
Red wine gravy	✓																		✓
Salsa verde														✓					✓

# BERESFORD HOUSE



## ALLERGEN MENU

✓ = Dish contains that allergen, as part of the recipe

MC = Dish contains an ingredient which has a label stating "May contain" [that allergen]

CR = Risk of cross-contamination of that allergen, due to cooking method (for example, foods cooked on same plancha)

This version: 04 June 2026

	1. Celery	2. Cereal cont. gluten (wheat)	2. Cereal cont. gluten (rye)	2. Cereal cont. gluten (barley)	2. Cereal cont. gluten (oats)	2. Cereal cont. gluten (spelt)	2. Cereal cont. gluten (khorasan wheat)	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Tree nuts	11. Peanuts	12. Sesame seeds	13. Soya	14. Sulphur dioxide / Sulphites	
Chicken Caesar Schnitzel		✓		✓				CR	✓	✓		✓	CR	✓					✓	
Shepherd's pie	✓	✓		✓					✓	✓		✓		✓					✓	✓
House Goan chicken curry	MC													MC						✓
House Goan tofu curry	MC													MC						✓
Steak haché	✓			✓				CR	✓	✓		✓	CR	✓						✓
Haddock & chips								CR	✓	✓			CR	✓						MC
Bangers 'n' mash	✓	✓		✓			✓					✓								✓
Cheeseburger	✓	✓					✓	✓	✓			✓		✓				MC	MC	
Prawn Marie Rose	✓							✓	✓					MC						
Peppered steak sandwich	✓	✓							✓			✓		✓						✓
Gunpowder chicken club		✓							✓						MC					
Chef's salad	✓	✓								MC				✓	MC	MC		MC	✓	
<i>Sides...</i>																				
House chips																				
Truffle-chip poutine									✓			✓								✓
Jersey Royals												✓								
Jersey-butter mash												✓								
Jersey-butter carrots												✓								
Peas, bacon, & onions												✓								
Green beans & Tenderstem broccoli												✓								
Lettuce & fennel salad														✓						✓
<i>Children's...</i>																				
Beresford House pasta room spaghetti		✓							✓			✓								
Bangers 'n' mash	✓	✓		✓			✓					✓								✓
Grilled chicken	✓																			✓
Grilled fish of the day								CR		✓			CR							✓
Battered fish of the day								CR	✓	✓			CR							✓
Grilled sirloin steak	✓																			✓
<i>Puddings...</i>																				
Banana sticky toffee pudding									✓			✓								
Fresh fruit																				
Tiramisu parfait		✓							✓			✓							✓	✓
Baked Alaska coupe		✓							✓			✓								✓
Orange crème brûlée		MC	MC	MC	MC	MC	MC		✓			✓			MC	MC		MC	✓	
Cheese selection		✓	✓									✓								
Café Gourmand		✓							✓			✓							MC	
Ice creams												✓								✓
Sorbets																				
White chocolate and cherry biscotti		✓	MC	MC	MC	MC	MC		✓			✓			MC	MC	MC			